

Letter to Parent/Guardian Explaining Requirements for Site Meal Modification Requests

July 26, 2024

Dear Parent/Guardian:

Your child's school/site:

1. Will make meal modifications prescribed by a licensed physician, advanced practice nurse with prescriptive authority, physician assistant or registered dietitian to accommodate a disability.
2. Will not make substitutions for dietary preferences, religious preferences, or cultural preferences.

Note: Meal modifications will only be accommodated for one of the reasons listed above. No other meal modifications will be accommodated.

The *Medical Statement for Meal Modification and Dietary Preference Form for Meal Modification* forms are attached to this letter. On the front of each form, there are further instructions and information about the meal modifications that can be requested under federal regulations. Please read this information carefully before completing the appropriate form.

To ensure safe meal modifications can be made for your child, return the completed medical statement to your school nurse, signed by your doctor and a guardian.

IMPORTANT: The only fluid cow's milk substitutions allowed by USDA are:

(1) lactose-free fluid cow's milk (1% or skim) or

(2) a non-dairy beverage with a nutrient profile equivalent to fluid cow's milk as specified in USDA regulation 7 CFR 210.10(d)(3), unless another substitution is noted on the Medical Statement for Meal Modification. --SOY Milk

Please note that Academy District 20 is a nut-free District, so we limit the use of nut milks like almond milk and cashew milks only to cases of dairy + soy allergies.

If you have questions or need assistance, please contact Casey Hayes, RDN at 719-304-4983 or c_Casey.Hayes@ASD20.org.

Sincerely,

Casey Hayes, RDN
Academy School District 20

2024



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School Nutrition

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