

# Pine Creek High School

**2023-24**

## **Parent/Student Athletics Handbook**



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### **MISSION STATEMENT**

*We educate and inspire students to thrive.*

### **PINE CREEK ATHLETIC VISION**

The Pine Creek High School athletic program is one that reflects the needs and determinations of our student body and community by maintaining a strong sense of pride, excellence, and overall student development. This is done through a balance of healthy competition, training, and educational scholarship. In pursuit of this objective, we recognize the importance of academic accountability, community service, and the quintessential ideals of virtuous sportsmanship.

### **OUR COMMITMENT**

In partnership with coaches, teachers, parents, and administrators, student-athletes strive for excellence in an environment that is safe, positive, and an integral part of the entire school culture. Lifelong values such as leadership development, empathy for others, and positive social interaction are results of participation in our school programs. We are wholly committed to providing our student athletes with a wide variety of well-organized programs which meet their needs for physical and emotional well-being while developing constructive moral and social values in a highly competitive interscholastic arena.

### **STUDENT PARTICIPATION**

Participation in athletics is a privilege which will enable student athletes to develop skills and experiences that will lead to lifelong growth and achievement.

***CHSAA, league, district, and school policies are subject to change.***

## **ATHLETIC REGISTRATION**

Athletic registration will be completed online through rSchoolToday.com. The following steps will need to be complete prior to the start of the first practice.

1. Register for the correct sport(s) on rSchoolToday.
  - a. The [registration link](#) is available on the Athletics page of the Pine Creek website.
2. Upload an electronic copy of a current physical that is valid for the entire season. If you have a physical that needs to be renewed between the official start date and end of your sport season, we consider it expired and you must have a NEW one prior to the official start date. **NO EXCEPTIONS.**
  - a. The page that has the student's name, the date of the exam, the provider's signature, and indicates the student is cleared to play sports is the only page that needs to be uploaded.
  - b. Instructions for replacing an existing physical are available on the [Pine Creek website](#). Look for the document called "R School – Updating a Physical."
3. Acknowledge you have read and understand the following items: D20 Assumption of risk, CHSAA Competitor's Brochure and statement on hazing, Pine Creek Parent/Student Athletic Handbook.
4. Pay the athletic fee(s). See below for more information.
  - a. PAYMENT: Check or cash to the Pine Creek bookkeeping office or online through Infinite Campus.
    - i. In IC, click on the Fees tab.
    - ii. Click on Optional Payments.
    - iii. Add the correct sport
    - iv. Make payment.

A 2.5% fee is added to all credit card payments.

**Important:** Athletes will not be able to practice until their registration (including the sports physical) is complete and the sports registration fee as well as any outstanding student fees are paid or a payment plan is set up. Athletes will not be cleared for at least 24 hours after their registration has been submitted to allow preparation of paperwork. The athletics office WILL NOT accept individual pieces of registration materials. **Coaches cannot register an athlete for a sport. Coaches are instructed NOT to accept any paperwork or registration payment from players.**

## **ATHLETIC PARTICIPATION FEES**

Academy School District 20 has adopted a new athletic fee structure for the 2023-24 school year. See the table on page 3 for details.

*Students who are approved for free or reduced lunch should contact the Pine Creek bookkeeping office for information about paying athletics fees. 719-234-2658 or 2638.*

<u>Tier One Sports:</u>  Cross Country, Swim/Dive, Tennis Track/Field	<b>\$100</b> per season up to the following maximums: \$325 per athlete per year \$325 per family per season \$650 per family per year	To cover a portion of the cost of operating the school athletic program. <b>Participants who live outside of D20 and do not attend a D20 school will pay 150% of the fee. The fee for 2023-2024 Tier One Sports is \$150 and does not qualify for the maximums.</b>
<u>Tier Two Sports:</u> Baseball, Basketball, Field Hockey, Lacrosse, Soccer, Softball, Spirit, Volleyball, Wrestling	<b>\$125</b> per season up to the following maximums: \$325 per athlete per year \$325 per family per season \$650 per family per year	To cover a portion of the cost of operating the school athletic program. <b>Participants who live outside of D20 and do not attend a D20 school will pay 150% of the fee. The fee for 2023-2024 Tier One Sports is \$185 and does not qualify for the maximums.</b>
<u>Tier Three Sports:</u> Football, Golf	<b>\$150</b> per season up to the following maximums: \$325 per athlete per year \$325 per family per season \$650 per family per year	To cover a portion of the cost of operating the school athletic program. <b>Participants who live outside of D20 and do not attend a D20 school will pay 150% of the fee. The fee for 2023-2024 Tier One Sports is \$225 and does not qualify for the maximums.</b>
<u>Ice Hockey</u>	<b>\$350</b> per season up to the following maximums: \$500 per athlete per year \$500 per family per season \$1000 per family per year	To cover a portion of the cost of operating the school ice hockey program. <b>Participants who live outside of D20 and do not attend a D20 school will pay 150% of the fee. The fee for 2023-2024 is \$525 and does not qualify for the maximums.</b>

Reductions in fee will be applied when maximum fee total has been met.

### **Refund of Participation Fees**

#### **Full refund**

- If the athlete is cut by the coach before the first scheduled contest.
- If the athlete quits voluntarily any time before the first scrimmage/competition, refunds must be requested via email to the athletic office no later than the first scrimmage/competition.

#### **No refund**

- If the athlete is cut as a result of disciplinary action at any time during the season.
- If the athlete quits voluntarily any time after the first scrimmage/competition.

### Pro-rated refund if the athlete is injured

- a. No refund if one-half or more of the regular competitive season has been played.
- b. Situations involving serious or season-ending injuries will be decided on a case-by-case basis.

Refunds will be processed after the coach has confirmed that all equipment and uniforms issued to the athlete have been returned in good condition.

### **Miscellaneous Fees**

Depending on the sport, additional fees may be required. Please contact the coach directly for information about additional fees.

- **\$25.00 athletic fee** (CHEER additional winter season)

### **PARTICIPATION IS A PRIVILEGE**

Participation in interscholastic activities as a part of Pine Creek's educational program is a privilege and not a right. Students wishing to participate are required to meet standards of personal behavior and academic performance. In this regard, Pine Creek may exercise the fullest discretion permitted under law.

### **ELIGIBILITY**

A student may participate in athletics if he/she has fulfilled the eligibility requirements as determined by the Colorado High School Athletic Association (CHSAA) and Pine Creek High School. However, the principal and/or athletic director reserve the right to deny participation to student athletes whose behavior on or off school property is deemed detrimental to the welfare or safety of other students or school personnel or to have a negative impact on Pine Creek athletic programs.

**CHSAA** requires that all athletes/managers (with the exception of incoming 9<sup>th</sup> graders) meet the following requirements for eligibility in any sanctioned activity:

- Must not be 19 prior to August 1 of his/her senior year (CHSAA 1770.1)
- Must not have had more than eight (8) semesters of high school participation (CHSAA 1770.2)
- Must have not failed more than one class at a grade check or failed more than one class the previous semester and must be enrolled in 5 credit classes during the semester (CHSAA 1710 (d))
- Athlete must be enrolled at Pine Creek High School as a bona fide student or in a school that does not have the specific sport and is assigned to participate at Pine Creek by Academy School District 20 (CHSAA 1710)

**Pine Creek** academic eligibility will be checked every two weeks on Wednesdays to determine the eligibility for the next two weeks or until the next grade check. The eligibility period starts the Monday morning following the Wednesday grade check. Appeals of grades can be made by completing an eligibility appeal form and having the teacher submit it to the athletics office by 8:00 a.m. Monday morning. If Monday is a no-school holiday, then eligibility forms need to be submitted by 3:00 p.m. the previous Friday. Forms can be found outside the athletics office. Each sport can enforce stricter eligibility standards than the CHSAA requirements. Coaches will communicate those standards. Pine Creek High School believes

athletes/managers should be students first and athletes second; therefore, the high school and coaching staff seek to assist athletes in their academic studies throughout the school year.

### **When is a Player Eligible for a Scrimmage or Contest?**

- Athletes must be declared eligible for participation according to both CHSAA policy and Pine Creek High School.
- Athletes must meet the minimum practice requirements for the sport they are playing.
- Athletes that are playing two sports during the same season must meet the minimum practice requirement for each sport.
- Athletes that change sports after practice has begun must meet the minimum practice requirement in the second sport.
- Athletes must provide a written doctor's release if they have been restricted from participation by a doctor.
- Athletes must provide a written release from the athletic trainer if they have been held out of practice or contests by the trainer.
- Athletes that are serving an out of school suspension are not permitted to participate in any organized athletic events to include but not limited to: practice, games, team meetings.

### **INTERSCHOLASTIC ATHLETIC OPPORTUNITIES**

#### **FALL SPORTS**

Field Hockey – Girls \*  
Football  
Golf – Boys  
Gymnastics – Girls \*  
Soccer – Boys  
Softball – Girls  
Tennis – Boys  
Volleyball – Girls  
Cross Country  
Cheerleading\*\*

#### **WINTER SPORTS**

Basketball – Girls/Boys  
Ice Hockey  
Swim/Dive - Girls  
Wrestling – Boys/Girls\*  
Cheerleading\*\*

#### **SPRING SPORTS**

Baseball  
Golf – Girls  
Lacrosse – Boys  
Lacrosse - Girls  
Soccer – Girls  
Swim/Dive – Boys  
Tennis – Girls  
Track & Field  
Volleyball – Boys

\* Field Hockey is a district team hosted at Liberty. Gymnastics is a district team hosted at Rampart. Girls wrestling is a district team hosted at DCC. Boys volleyball is a district team hosted at DCC. If you want to participate in these sports, please register at the hosting school.

\*\*Cheerleading is one sport and runs during the fall and winter season.

## **ADMISSION – SEASON PASSES – TICKETS**

District 20 high schools offer season passes for adults, students (K-12), and families. These passes are good for the entire school year. Passes are valid for all home games of the issuing school and are not accepted for playoff games, hockey games, or some tournaments.

- \$70 Adult Pass
- \$55 Student (K-12) or Senior Citizen (60 and up) Pass
- \$225 Family Pass – A maximum of 5 passes are included with the Family Pass (two of which may be adult passes). Additional Family Passes are available for students (K-12) for \$40. Family members of college age or older must buy adult passes.

Passes are available through the athletic office during student check-in and normal school hours.

### **Ticket Prices**

- \$6 Adult
- \$4 K-12 Student
- \$4 Senior 60+
- Ice hockey ticket prices vary by venue.

Admission is charged for the following sports:

Basketball, football, ice hockey, field hockey, lacrosse, swimming, volleyball, wrestling, and soccer.

All contests played at D-20 stadium or Pine Creek turf field will have admission charged. Opponents may charge admission at their discretion at any sporting event at any level.

## **OUTSIDE COMPETITION**

Often, student athletes at Pine Creek will seek to play club sports or participate with an outside group while playing in high school during the school year. CHSAA and Pine Creek High School recognize that this is important to athletes who wish to improve their skills. Members of a high school sports team may compete on any other non-school team in that sport season with written permission from the principal or athletic director and head coach and submitted to the athletic director to keep on file. Permission shall be granted if the student's attendance in school is not compromised and he/she is in good academic standing. It is expected that any athlete participating on a non-school team (or participating in an outside activity) will not miss a high school game, practice, or team activity to attend a non-school contest or event. Parents and athletes should communicate with the coach if a student-athlete chooses to participate on a non-school team.

## **ATHLETIC EQUIPMENT**

Athletes are responsible for individual and team equipment issued to them. Each athlete should be prepared to pay for the cost of replacement if it is not checked in at the end of the season in reasonable condition. All school equipment shall remain the property of the school. All items must be turned in prior to the presentation of any athletic award. No athletic equipment will be issued to any student with an outstanding athletic financial obligation. Athletes should notify the coach immediately of a defective piece

of equipment. In some sports students may be allowed or expected to use their own equipment for school sports. In District 20, football athletes may not provide their own helmets but will use the ones provided by the district and recertified on a regular basis as prescribed by the manufacturer.

## **ATTENDANCE AT SCHOOL AND GAME OR PRACTICE PARTICIPATION**

Student athletes are expected to be in classes every day regardless of whether it is a practice day or a day of a contest. Pine Creek High School believes that athletes are students first; therefore, the high school seeks to assist students in their academic progress and the expectation for all students to be successful. Student attendance is optimal for academic success. Athletes must attend at least half of the school day of a contest or practice day or must get prior approval from the athletics office to be absent. Student athletes should notify coaches prior to the absence.

## **AWARDS AND LETTERING**

Pine Creek provides the following awards:

- C Team – participation certificate
- JV – participation certificate
- Varsity – certificates are awarded each year in addition to the following:
  - First year: letter and pin
  - Subsequent years: bar for every letter won after the first year

Coaches determine the lettering policy for each sport. Letters are awarded to athletes who have met program requirements and are in good standing with their respective coaches. An athlete will not receive an award if they have not completed the entire season inclusive of playoffs. Coaches have the right to deny letter winner status based on behavior violating team or school policy.

### **Tri-Sport Award**

Any athlete who lettered in three different CHSAA sanctioned sports in one year will receive a patch recognizing the efforts and commitment of a three-sport athlete.

### **Senior Scholar/Outstanding Athlete Awards**

End of the year department awards include male and female Senior Scholar Athlete and the male and female Outstanding Senior Athlete. The criterion for the Scholar Athlete is for the athlete to maintain a cumulative GPA of 3.5 or higher and have lettered in one sport. The criterion for the Outstanding Athlete is for the athlete to maintain a cumulative GPA of 3.0, have lettered in two sports, display good character, and consistently represent Pine Creek High School with honor and integrity. These awards are selected by the Coaches Council and are presented at the year-end senior awards event.

### **CHSAA Academic Awards**

CHSAA recognizes junior and senior athletes who have lettered in a sport for their academic achievements. Students with an unweighted GPA of 3.3 to 3.59 earn the Honorable Mention award, and those with a GPA of 3.6 or higher earn the First Team award. These awards are presented at the individual sports banquet.

## **College Signing Celebrations**

All individual college signing celebrations will be arranged and celebrated with the head coach of the sport in which the athlete participates. The only athletic department sponsored signing celebration will be the Next Level Celebration in late spring. Next Level information will be communicated to media outlets.

## **CONFLICTS WITH ACTIVITY PARTICIPATION**

When conflicts between sports and activities arise for athletes, it is important for the coach to understand that participation in the activity may be the basis for a grade. It is important that the **athlete** notify both sponsors as soon as possible so they have the opportunity to determine if the scheduling conflict can be avoided. When a concert or a game conflicts with practice, the performance or game should always take precedence over practice. For students who have a job, school functions always take priority over work.

## **TEAM/CAPTAIN SELECTION**

The overall goal of Pine Creek High School is to provide the opportunity for students to participate in some level of athletic competition. Considering realistic constraints of facilities, personnel, equipment, and team sizes, not all students will be able to participate. All players will have the opportunity to make the varsity team. However, since varsity is the most competitive team, only those athletes who, in the opinion of the coaches, possess the necessary skills, physical preparation, attitude, sportsmanship, desire, and commitment shall be selected for that privilege. The student athlete should attend **all** scheduled practices and team meetings to seriously be considered for any team level. Exceptions include only serious illness, religious observances, death in the family, transfer into the district, injury, or current involvement in another sports season. Team/captain selection and playing time will always be at the discretion of coaches and will not be addressed by the athletic director.

## **SPORTSMANSHIP**

Pine Creek High School promotes good sportsmanship, and it is an expectation of student-athletes, coaches, and spectators. We request your cooperation by supporting the participants and officials in a positive manner. We encourage fans to enthusiastically support their team, recognize the outstanding performance of opponents, and exhibit good sportsmanship in their positive words and actions. Profanity, racial or sexist comments, or other intimidating actions directed at officials, student-athletes, coaches, or team representatives will not be tolerated and are grounds for removal from school property. Any spectators removed from a competition will need to meet with the athletic director and will be suspended for the next appropriate level contest.

## **SUMMER AND OFF-SEASON PROGRAMS**

It is expected that coaches will want to improve their programs in the off season. Off-season programs are opportunities for personal improvement and may not be tied to tryouts for a team or required for team membership. Coaches should encourage athletes to improve during the off-season, but they may not require attendance.

During the current sport season, athletes are not required to participate in an off-season sport development program. Athletes that wish to do so should discuss their participation with their in-season coach.

Coaches that have summer programs should be cognizant of the pressure that athletes may feel if they are involved in two or more summer programs. Every effort should be made to communicate with other members of the coaching staff.

## **TRAINING RULES**

Pine Creek High School has training rules and due process that all athletes and their parents are required to sign prior to athletic participation. Each coach is responsible for supporting these rules during the school year even if they are not actively coaching at that time.

As a participant of athletics at Pine Creek High School, the student-athlete agrees not to indulge in the use of tobacco (in any form), alcohol, or drugs or to attend functions where alcohol and drugs are present, being served, or consumed during any part of the school year. Student-athletes may be subject to athletic and/or school consequences for off-campus behavior involving drugs or alcohol whether or not it occurs within the athletic season. This does not preclude religious activities or special functions for the family (Colorado Law 18-13-122). Should the student-athlete violate any of the above, these policies will be followed:

### **Violation of Administrative Policy JICH – Drug and Alcohol Use by Students**

#### **IN-SEASON VIOLATIONS/OUT-OF-SEASON VIOLATIONS**

Drug or alcohol violation:

- 365-day ineligibility for all CHSAA sanctioned athletics at Pine Creek.

For drug or alcohol use or possession:

- 1st offense: 365-day suspension from all Pine Creek CHSAA competitions with opportunity to reduce to 30% of the current or next season in which the athlete participates subject to a due process committee\* review with athlete. 30% can be carried into the next athletic season of the school year.
- 2nd offense: 365-day suspension for all Pine Creek CHSAA competitions without an opportunity to appeal.
- 3rd offense: permanent removal from all CHSAA sanctioned athletics at Pine Creek.

### **Violation of Administrative Policy ADC – Tobacco Free Schools**

#### **IN-SEASON VIOLATIONS/OUT-OF-SEASON VIOLATIONS**

Possession and/or use of tobacco products is strictly prohibited on school district property and at school sponsored activities. Violation of district rules whether on/off-campus behavior involving the possession and/or use of tobacco products whether or not it occurs within the athletic season will result in consequences in accordance with the Student Code of Conduct and school disciplinary procedures. In addition, student athletes will be suspended from a minimum of 10% of all Pine Creek CHSAA competitions. The suspension will be for the current season in which the student is participating or the next one in which the student competes if a violation occurred out of season. In addition to the suspension, student-athletes must complete the [NFHS – Understanding Vaping and E-Cigarettes](#) class and submit the certificate to a coach or the athletic director before they regain competition eligibility. Each coach may establish additional training rules and consequences dealing with the use of tobacco.

**\*Due process committee may include but is not limited to:** athletic director, grade level administrator, dean of students, and head coach.

## **ELECTRONIC MEDIA AND WEBSITES**

Pine Creek High School and the athletic department have policies on underage drinking, hazing, and inappropriate behavior. An athlete's decision to post comments or pictures on internet websites and/or social media platforms is a personal one; however, the athletic department and individual team policies should serve as filters for what is posted online. One must remember the athlete represents Pine Creek High School at all times. Students and parents should not post pictures, comments, or information on web sites that would/could embarrass themselves, their team, or Pine Creek. Inappropriate postings online or on social media sites could result in athletic disciplinary consequences.

## **HAZING**

Hazing behaviors occur when an act is committed against a student that is coerced into committing an act that creates substantial risk of harm to the student or to any third party in order for the student to be initiated into or affiliated with an athletic team. Hazing includes but is not limited to:

- Any activity involving an unreasonable risk of physical harm, including paddling, beating, whipping, branding, electric shock, sleep deprivation, exposure to weather, placement of harmful substances on the body, and participation in physically dangerous activities.
- Any activity involving the consumption of alcohol, drugs, tobacco products, or any other food, liquid, or substance that subjects the student to an unreasonable risk of physical harm.
- Any activity involving actions of a sexual nature or the simulation of actions of a sexual nature.
- Any activity that subjects a student to levels of embarrassment, shame, or humiliation or which creates a hostile, abusive and intimidating environment for the student.
- Any activity involving any violation of federal, state or local law or any violation of school district policies and regulations.
- Hazing perpetrators are subject to appropriate disciplinary action including but not limited to expulsion from the team. Hazing is covered by School Board Policy on harassment, intimidation and bullying.

**Report any incident of hazing or bullying to someone.** Counselors, teachers, administrators, coaches and or the Athletic Director are good people to talk to if you or your child feels that there have been occurrences of hazing or bullying.

## **PARENT-COACH COMMUNICATION**

Parents and coaches are important role models for students. They both provide necessary guidance to young adults in their development and understanding of the world in which they will live and work. When parents and coaches understand and respect each other, they can work together to benefit children. Parents have a right to understand the commitment, expectation, and responsibility that accompany participation at Pine Creek athletic programs. Clear communication between parents and coaches facilitates this understanding. It is also important that parents remember that the first link in the communication network is the one established between coach and student. Parents should encourage their athlete to exercise the opportunity to speak directly with their coach about any topic preferably before a parent/coach conversation is scheduled or instigated.

Communication a parent might expect from a coach:

1. Philosophy of coach and program
2. Location and times of practices/contests
3. Expectations the coach has of the team and the players
4. Team requirements
5. Team disciplinary action that results in the denial of their child's participation
6. What roles parents may play to help the coach or team (scorekeeper, booster club, banquets, etc.)

### **Procedure to Set Up a Parent/Coach Conference:**

There are situations that may require a conference between the coach and the parent. Please **do not** attempt to contact a coach before or after a practice or contest. These can be emotional times for both parent and coach. Meetings of this nature do not promote resolution. Pine Creek High School has a **24 hour rule** which states a parent must wait 24 hours before they may make contact with the particular coach. Often, time to reflect and compose thoughts has a much more positive outcome. If a meeting is still needed, parents may either call or email the coach directly to set up an appointment.

Often it is difficult to accept a child's not playing as much as a parent would hope. Coaches are professionals. They make judgments and decisions based on what they believe to be the best for all students involved. Certain things can and should be discussed with the coach. Other things must be left to the discretion of the coach.

Appropriate concerns to discuss with coaches:

- The emotional and physical development for their child
- Ways that their child might be able to improve
- Concerns about their child's behavior with the team and on the practice/game field
- The future of their child's play at the next level

Issues NOT appropriate to discuss with coaches:

- Athletes' playing time
- Team strategy or playing time
- Organization and administration of team and program and playing time
- Other student-athletes and parents or playing time
- Selection of captains and end of the season awards

## **TRAINING ROOM AND INJURIES**

The safety and welfare of athletes is important. Pine Creek High School emphasizes that it is the responsibility of coaches to provide adequate instruction and to protect their athletes as much as possible and for athletes to report injuries when they occur to the coach or athletic trainer.

The athletic trainer at Pine Creek High School will be available for all athletes on a first come, first served basis. The trainer's hours will begin at 2:00 pm until practice or competition ends each school day and as needed on Saturdays or when the school is not in session during the school year. Since there is only one trainer, he/she will cover sports in the priority defined by NCAA (National Collegiate Athletic Association)

categories. The NCAA sport categories are collision, contact, and non-contact sports. When trainers are not available for practice or competition, the coach is responsible for providing first aid and in the event of an emergency or life-threatening situation for calling 911.

When injured, it is the athlete's responsibility to communicate with both the coach and the athletic trainer as soon as possible. The athletic trainer will have the sole responsibility for determining the athlete's ability to return to play. If the athlete sees either his/her physician or an emergency room physician, the athlete must get written documentation from the doctor which states the injury and the severity of the injury and when the athlete may return to play. The athlete should then bring the document to the trainer or the coach as soon as possible so that the trainer and coach can work with the doctor to facilitate rehabilitation and/or return to play for the athlete as quickly as possible.

In accordance with the CHSAA by-law 1790.2, when a doctor removes an athlete from competition due to illness or injury, the athlete must have a written release from a doctor to return to play. The doctor may specify the duration of the restriction. The athletic trainer will work with the athlete and parents to rehabilitate and enforce this rule. In the event of conflicting opinions on the fitness to return to activity, the athletic trainer will work with the assigned physician to Pine Creek High School from Kinetic Orthopedics to make that decision.

## **TRANSPORTATION**

Transporting student-athletes is not required but is provided by District 20 when resources are available. District transportation has not been available for athletics in recent years. Pine Creek will follow these general guidelines when providing transportation for athletes:

- No buses in Colorado Springs
- One-way buses to Fountain-Fort Carson or Falcon
- Two-way buses outside of the Colorado Springs metro area
- Buses will be limited on Saturdays.

Parents should make every effort to pick up their athlete in a timely manner once the bus returns from a contest.

## **CHSAA RULES**

### **Winter Vacation (CHSAA 2310.4)**

The CHSAA restricts contact with athletes of any sport and Coaches of Pine Creek High School and Pine Creek faculty members from December 24 through December 27 and on January 1. Voluntary practices may occur December 28-31 unless one of the days falls on a Sunday.

### **Practice with Outside Groups (CHSAA 2110)**

Members of any high school sport may not practice with any individual or non-school group without prior approval of the high school athletic director. Students that wish to practice or play with an outside group may obtain a form in the athletic office to seek permission from the Pine Creek High School athletic director.

### **Player Ejection from a Contest (CHSAA 2200)**

Any player who has been ejected from a match or contest shall be disqualified for the remainder of that match or contest. In addition, the player shall be suspended from competition for the next regularly scheduled match or contest of the same level (c- squad, junior varsity, or varsity)

If an ejection occurs in the final match or contest of the season, then that player shall be suspended from competition for the first match or contest of the next season of sport that the player elects to play. **(CHSAA 2200.14)**

A player ejected from a second match or contest during the same season shall be suspended from competition for the next two matches or contests of the same level (c-squad, junior varsity or varsity). **(CHSAA 2200.15)**

Any player ejected from a third match or contest during the same season shall be subject to a penalty to be determined by the CHSAA Commissioner **(CHSAA 2200.16)**

**NOTE: Any player demonstrating a lack of sportsmanship that may result in ejection from a contest may be subject to additional school consequences.**

### **Appeal of a Player Ejection or Outcome of a Contest (CHSAA 2200.16)**

A decision of an official to eject a player from a contest for unsportsmanlike conduct or the outcome of a contest, judgment, or misapplication of a playing rule by a contest official may not be appealed.

### **Protest of Decisions by Contest Officials (CHSSA 2410)**

No protest involving the judgment or misapplication of a rule by a game official will be considered by the league or CHSAA. The playing rules in each sport will govern the conduct of all contests in that activity.

### **Transfer Rule (CHSAA 1800)**

When transferring schools, it is important to be aware of how this might affect an athlete's eligibility. To define eligibility CHSAA uses two terms: full eligibility and restricted eligibility. If you are planning to transfer schools, check with your athletic director to clarify any questions you may have.

**Full eligibility** permits the athlete to be able to compete at the varsity level for the entire sport season provided they meet other CHSAA rules and school rules. This occurs when a student transfers at the beginning of the school year, or middle of the school year after a bona fide move. A move is termed bona fide when there has been a move of primary residence by the entire family.

**Restricted eligibility** means that an athlete can only participate in sub-varsity competitions.

### **School Transfer with Club Coach (CHSAA 1800.4)**

A student who transfers to a school where his/her club or "outside coach" is contracted as a school coach will be ineligible for varsity competition in that sport for an entire calendar year.

### **Concussion (CHSAA 1780.21)**

If at any time during participation (practice or contest) a student-athlete is removed from participation due to concussion, the student-athlete must obtain written permission to start the Return-to-Play protocol from the approved list of licensed health care providers. A school or school district may impose stricter standards.

After reading this handbook, parents and student-athletes must acknowledge understanding and agreement during the athletic registration process. Any questions regarding any topic in this handbook should be addressed to Athletic Director Russ McKinstry at [russ.mckinstry@asd20.org](mailto:russ.mckinstry@asd20.org).

Pine Creek will always use the most current Academy School District policies that can be found at [ASD20.org](http://ASD20.org) and the most current by-laws that can be found at [CHSAA Now](#).

*CHSAA, league, district, and school policies are subject to change.*