

MFLC Bio./Introduction email letter to parents

My name is Faith Kasper, and I am the new Military Family Life Counselor at Rampart High School. This is my fourth year as a school-based MFLC. It is a great joy and privilege to be able to provide free and confidential support for those of you who serve our country during the time of your service and up to 180 days afterwards, whether as Active Duty military, part of the Reserves or Guard (regardless of activation status,) and even as an expeditionary civilian who is embedded and deploys with a unit.

As an MFLC, I can assist with situational problems (stress, family dynamics, relationship issues, time management, etc.) as well as with the transitions that are so frequent in military life (such as deployment, reintegration, moving). I also plan fun group activities for military kids in which they can get to know each other and utilize the support of peers who understand the highlights and challenges of being a military kid. I am very aware of the importance of academics, and will strive to avoid discussions with your student during instructional time.

In order for me to work with your student once in-person learning resumes, I need you to complete a consent form (attached). If you have more than one student at Rampart with the same surname, you may include multiple students on the same form. In the school context, I will always position myself to be within line-of-sight of school employees while interacting with your student.

Even if all is well right now and there aren't any transitions on the horizon, I would encourage you to sign consent so that I can get to know your student, be a resource, and cheer their personal achievements.

During this time of online learning, I am available for telehealth sessions. Up until age 18, teenagers must have their parent/guardian show their face and identify him or herself at the beginning of the session to signify consent. I will allot some time slots in the late afternoon and early evening in order to facilitate this. I am also able to meet in public places in the community (such as a park) if in-person sessions are preferred; for a minor, I would need a parent/guardian to remain within line-of-sight during the session.

Please feel free to contact me with any questions. My work phone number is 719-246-0556. My email address is c_faith.kasper@asd20.org. I look forward to serving you!

